

**ABSTRACT**

A harness and method for reducing systemic losses in ductal lavage procedures is provided comprising a base member having a first surface and a second surface and a through aperture sized to receive a human breast therethrough. The through aperture includes a breast stabilizer that is suitable for compressing at least a portion of the breast near or proximate the chest. The compression of the breast radially is sufficient to act as a moderate tourniquet on the breast to reduce systemic losses.